



DPH ICD-10 IMPLEMENTATION PROJECT



ICD-10-CM BEHAVIORAL HEALTH CODING TRAINING WORKBOOK *FOR LOCAL HEALTH DEPARTMENTS AND RURAL HEALTH CLINICS* (WITH ANSWERS)

WBS 2.5

Version 1.0

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Change History

Version Number & Date	Version Description	Version Author
V1.0 – September 16, 2014	Final BEHAVIORAL HEALTH workbook to be used for September 2014 Specialized training.	Sarah Brooks

Contact Information

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1. ICD-10-CM: The Chapters

Chapter #	Description	Range of Codes
1	Certain infectious and parasitic diseases	A00-B99
2	Neoplasms	C00-D49
3	Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism	D50-D89
4	Endocrine, nutritional and metabolic diseases	E00-E89
5	Mental, Behavioral and Neurodevelopmental disorders	F01-F99
6	Diseases of the nervous system	G00-G99
7	Diseases of the eye and adnexa	H00-H59
8	Diseases of the ear and mastoid process	H60-H95
9	Diseases of the circulatory system	I00-I99
10	Diseases of the respiratory system	J00-J99
11	Diseases of the digestive system	K00-K95
12	Diseases of the skin and subcutaneous tissue	L00-L99
13	Diseases of the musculoskeletal system and connective tissue	M00-M99
14	Diseases of the genitourinary system	N00-N99
15	Pregnancy, childbirth and the puerperium	O00-O9A
16	Certain conditions originating in the perinatal period	P00-P96
17	Congenital malformations, deformations and chromosomal abnormalities	Q00-Q99
18	Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified	R00-R99
19	Injury, poisoning and certain other consequences of external causes	S00-T88
20	External causes of morbidity	V00-Y99
21	Factors influencing health status and contact with health services	Z00-Z99

2. ICD-10-CM: The Chapter Blocks for Behavioral Health

2.1 Chapter 5 - Mental, Behavioral and Neurodevelopmental disorders (F01-F99)

F01-F09 Mental disorders due to known physiological conditions	F50-F59 Behavioral syndromes associated with physiological disturbances and physical factors
F10-F19 Mental and behavioral disorders due to psychoactive substance use	F60-F69 Disorders of adult personality and behavior
F20-F29 Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders	F70-F79 Intellectual disabilities
F30-F39 Mood [affective] disorders	F80-F89 Pervasive and specific developmental disorder
F40-F48 Anxiety, dissociative, stress-related, somatoform and other nonpsychotic mental disorders	F90-F98 Behavioral and emotional disorders with onset usually occurring in childhood and adolescence
	F99 Unspecified mental disorder

2.2 Chapter 21 – Factors influencing health status and contact with health services (Z00-Z99)

Z00-Z13 Persons encountering health services for examinations	Z40-Z53 Encounters for other specific health care
Z14-Z15 Genetic carrier and genetic susceptibility to disease	Z55-Z65 Persons with potential health hazards related to socioeconomic and psychosocial circumstances
Z16 Resistance to antimicrobial drugs	Z66 Do not resuscitate status
Z17 Estrogen receptor status	Z67 Blood type
Z18 Retained foreign body fragments	Z68 Body mass index (BMI)
Z20-Z28 Persons with potential health hazards related to communicable diseases	Z69-Z76 Persons encountering health services in other circumstances
Z30-Z39 Persons encountering health services in circumstances related to reproduction	Z77-Z99 Persons with potential health hazards related to family and personal history and certain conditions influencing health status

2.3 The Basics: Coding Steps

Below is the process to follow when looking up codes. It is essential to use both the Alphabetic Index and Tabular List when locating and assigning a code. The Alphabetic Index does not always provide the full code. Selection of the full code, including laterality and any applicable 7th character can only be done in the Tabular List. Even if a dash is not included at the Alphabetic Index entry, it is necessary to refer to the Tabular List to verify if a 7th character is required.

- A. Locate the main term in the Alphabetic Index
 - a. For Chest Cold, Look up “Cold” then go down list to find “Chest”
- B. Scan the main term entry for any instructional notes
 - a. “*see* Bronchitis” so look up “Bronchitis”
- C. In the diagnosis being coded, identify any terms that modify the main term
 - a. Nothing under “Bronchitis J40” relates back to Chest Cold
- D. Follow any cross-reference notes
- E. Always verify the code in the Tabular List
 - a. **Never** begin code searches using Tabular List – may lead to coding errors
 - b. Go to J40 in the Tabular
- F. Follow any instructional notes
 - a. Do any of the instructions apply to Chest Cold?
- G. Select the code
 - a. J40 is the correct code

3. BEHAVIORAL HEALTH – Chapters 21, 5

3.1 Behavioral Health: Review Questions

1. Z codes are procedure codes.

☐

True

☐False

2. A status code is distinct from a history code.

☐

True

☐False

3. If a client with a history of alcohol dependence completes a questionnaire during an encounter and states he has had nothing to drink for the past 6 months, the clinician could code this as history of alcohol dependence.

☐

True

☐False

4. If a client recently lost their spouse and states they are depressed, clinicians should code this as F32.9, Major depressive disorder, single episode, unspecified.

☐

True

☐False

5. Codes in category, Behavioral and emotional disorders with onset usually occurring in childhood and adolescence (F90-F98) can be assigned to adults.

☐

True

☐False

3.2 Maternal Health: Coding Exercises

#	Scenario/Diagnosis	Answer
1	19 year old male seen for continued counseling for treatment of dependence on amphetamines.	
2	30 year old male with dependence on chewing tobacco presents to the clinic requesting assistance for cessation of chewing tobacco. He has been a chronic user of chewing tobacco since age 13 and now he wants to quit. Counseling on the options for chewing tobacco cessation was provided to the client.	
3	45 year old male is seen for individual psychotherapy as part of his long-term treatment for cluster B personality disorder. The client has been taking his monoamine oxidase inhibitor (MAOI) medication and reports he feels it has helped him manage his impulsive, overly emotional, and erratic behavior. The client has a history of alcohol dependence which is in remission.	
4	27 year old female is referred by the Maternal Health clinic for evaluation for postpartum depression. She has a newborn and two other children under age 5 and is feeling overwhelmed. It is determined she has postpartum dysphoria. She is referred for childcare counseling.	
5	43 year old female reports having episodes of increased forgetfulness including problems remembering recent events, the names of people and things, wandering off forgetting where she is going or how to return home. She is diagnosed with dementia due to early-onset Alzheimer's .	

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3.3 Chapter 15 – Coding Dementia due to early-onset Alzheimer's Disease

What is the correct code for Dementia due to early-onset Alzheimer's Disease?

ICD-9-CM	ICD-10-CM/PCS
Code(s) Assigned	
331.0 Alzheimer's disease 294.10 Dementia in conditions classified elsewhere without behavioral disturbance	G30.0 Alzheimer's disease with early onset F02.80 Dementia in other diseases classified elsewhere, without behavioral disturbance
Indexed Terms	
Dementia due to or associated with condition(s) classified elsewhere Alzheimer's Without behavioral disturbance 331.0 [294.10]	Dementia In (due to) Alzheimer's disease ---see Disease, Alzheimer's Disease, diseased ---see also Syndrome Alzheimer's Early onset G30.0 [F02.80]
Code Comparisons	
<ul style="list-style-type: none"> One code category: 331 Index does not reference early-onset Alzheimer's disease Use additional code, where applicable, to identify dementia with or without behavioral disturbance (instructional note) Code first any underlying physical condition (sequence instruction) 	<ul style="list-style-type: none"> Category code G30 G30 is further specified as early onset G30.0 Index does reference early-onset Alzheimer's disease Use additional code, where applicable to identify dementia with or without behavioral disturbance (instructional note) Code first the underlying physiological condition (sequence instruction)
Documentation Needed From Physicians	
<ul style="list-style-type: none"> Document dementia due to Alzheimer's disease In reporting code 294.10, the documentation should not address behavior disturbances such as wandering off or physical violence (behavior that puts the patient or others at risk) 	<ul style="list-style-type: none"> Indicate early onset Alzheimer's disease...do not assign a code based on age alone Document Alzheimer's with related dementia In reporting code F02.80, the documentation should not address behavior disturbances such as wandering off or physical violence (behavior that puts the patient or others at risk)

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3.5 Coding Tobacco Use and Nicotine Dependence (ICD-9-CM vs ICD-10-CM)

What is the correct code for tobacco use and nicotine dependence in a cigarette smoker?

ICD-9-CM	ICD-10-CM
Code(s) Assigned	
305.1 Tobacco use disorder	F17.210 Nicotine dependence, cigarettes, uncomplicated
Indexed Terms	
Index: Dependence nicotine 305.1	Index: Dependence (on) (syndrome) -drug NEC --nicotine ---cigarettes F17.210
Code Comparisons	
<ul style="list-style-type: none"> Tobacco abuse, tobacco dependence, and nicotine dependence are all classified to the same code, 305.1 Tobacco use disorder Code assignment is not impacted by the type of tobacco product used Code assignment would be different if the patient is pregnant Code assignment would be different if the patient has a past history of tobacco use instead of a current tobacco use disorder 	<ul style="list-style-type: none"> <i>ICD-10-CM Official Guidelines for Coding and Reporting</i> provides guidance when documentation of substance use, abuse, and dependence appears in the same health record Tobacco use is coded Z72.0 but it would not be reported along with a code from F17 for the nicotine/tobacco dependence per official coding guidelines and Excludes1 note with Z72.0 and F17 Subcategories under F17 identify specific tobacco products and nicotine-induced disorders Code assignment would be different if the patient is pregnant Code assignment would be different if the patient has a past history of tobacco dependence instead of a current dependence on tobacco There is no code for past history of tobacco use, only a code for past history of tobacco dependence Tobacco dependence in remission is coded differently than past history of tobacco dependence
Documentation Needed From Physicians	
<ul style="list-style-type: none"> The provider needs to document that the patient smokes tobacco or uses tobacco Coding Clinic articles provide advice to report 305.1 for a patient who is a smoker (CC 4Q 2009, CC 1Q 2009, CC 2Q 1996, and CC 4Q 1994, and CC Nov-Dec 1984)¹ 	<ul style="list-style-type: none"> The provider needs to specify if the patient is engaging in the use of tobacco or has developed a dependence on tobacco/nicotine Documentation is needed on the type of tobacco product used and whether or not there are nicotine-induced disorders such as remission or withdrawal

4. Training Evaluation

Division of Public Health ICD-10-CM Training Evaluation

1. Please select the category that best describes your profession:

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Physician | <input type="checkbox"/> Physician Assistant/FNP | <input type="checkbox"/> Nurse | <input type="checkbox"/> Other Clinician |
| <input type="checkbox"/> Billing/Accounting | <input type="checkbox"/> Health Info Management | <input type="checkbox"/> Administration | <input type="checkbox"/> IT |
| <input type="checkbox"/> Scheduling/Registration | <input type="checkbox"/> Consultant | <input type="checkbox"/> Business/Financial | |
| <input type="checkbox"/> DPH Representative | <input type="checkbox"/> ORHCC Representative | <input type="checkbox"/> Other | |

2. Name of course being evaluated:

- ☐ Basic ICD-10-CM Coding
- ☐ Specialized ICD-10-CM Coding Training – Behavioral Health
- ☐ Specialized ICD-10-CM Coding Training – Child Health, Health Check
- ☐ Specialized ICD-10-CM Coding Training – Family Planning
- ☐ Specialized ICD-10-CM Coding Training – Maternal Health
- ☐ Specialized ICD-10-CM Coding Training – Primary Care, Women’s Health, Chronic Disease, BCCCP
- ☐ Specialized ICD-10-CM Coding Training – STD, HIV, Communicable Disease

3. Venue Type: ☐ Face-to-face in Raleigh ☐ via Webinar by myself ☐ via Webinar with others

Comments related to venue-

4. Will the training help you fulfill your job responsibilities?

☐ Yes ☐ No Comments -

5. Did the combination of lecture, coding exercises and quizzes aid in the learning process?

☐ Yes ☐ No Comments -

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6. Any recommendations on how to improve the training?

☐ Yes ☐ No Comments -

7. Overall, how would you rate the training?

	Great	Good	Average	Fair	Poor
Instructor Knowledge					
Content					
Presentation					

8. Other Comments

Please submit evaluation form to: Sarah.Brooks@dhhs.nc.gov or mail to Sarah Brooks, 5605 Six Forks Rd., Raleigh, NC 27609

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